



Safety Alert In Ear Headphones

15 March 2021

The following pages of this safety alert were issued by Highways England's supply chain partner:

Carnell

Wellbeing Bulletin 0002

Health and Wellbeing Bulletin In Ear Headphones



Since the beginning of the COVID-19 pandemic people throughout industry have made more use of 'In Ear Headphones' whilst attending meetings via Teams, Zoom, etc. to maintain privacy and or to prevent the conversations disturbing others (especially whilst working from home).

Unfortunately, the NHS have identified that the increased use of this equipment is leading to more people having inner ear infections as a direct result of:

- The equipment being pushed too far into the user's ears
- Users failing to maintain good hygiene e.g. due to the earpieces not being kept clean

If you use 'in ear' headphones keep them clean by wiping them with an antibacterial wipe after use to keep the earpiece clean and help prevent ear infections.