

HEALTH & SAFETY ALERT

Slips, Trips and Falls



During 2014, there have been over 66 injuries as a result of *Slips, Trips and Falls*, causing bruising or tissue damage to 22 individuals, 12 abrasions / lacerations, 14 strains / sprains, 7 twisted ankles, 5 fractures, 3 twisted knees and some additional minor injuries.



Clear Walkways



Ground Conditions



Three Points of Contact



Working on Rebar



Balance



Fit for Purpose PPE

Hazards / Risks:

- Uneven steps and / or unsecured stairs.
- Walkways are not kept clear of trip hazards.
- Ground conditions are not even, e.g. working on rebar or excavated ground.
- Awareness of hazards while carrying items / conducting work.
- Loss of footing or balance when carrying out activities.
- Slippery surfaces, e.g. spills, rain, snow, sleet.

Personal Focus:

- Keep your eyes on the path.
- Keep access routes clear, e.g. remove timber offcuts, cables or trunking that someone else may not see.
- Maintain three points of contact when using stairways and when entering and exiting vehicles.
- Replace all footwear with worn threads. Use PPE that is fit for purpose.

Site-wide Focus:

- Identify slip, trip and fall hazards - <http://www.hse.gov.uk/pubns/ck4.pdf>
- Maintain access routes that are free from hazards considering:
 - Ground conditioning (surfaces / consolidation and slopes), e.g. boarding while working on rebar.
 - Immovable obstructions (need to step over / under / around)
 - Lighting provisions, emergency lighting and shadows cast.
 - Changing weather conditions.
- Ensure stairs have even steps and are secured.
- Provide appropriately positioned boot tread cleaning facilities.



Step in the Right Direction

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Date: 19 November 2014



MOVING LONDON FORWARD