



Suicide kills far more construction workers than falls - let's get construction talking

I'm looking for help

We know the pressures in construction and we know that people are people, whoever and wherever they are. Life changes, and families, friends and workers in construction all need a helping hand from time to time.

Mates in Mind is a charitable programme to improve and promote positive mental health in construction. We provide programmes with our partners promoting awareness and understanding of Mental Health tailored to the needs of construction.

The site's here to provide information about **Mates in Mind**, and to help point you in the right direction if you need help with your own, or a mate's Mental Health.

I'm interested for my organisation to join

So you've been on the training - now what?

Founding Partners



Core Partners



SAMARITANS

