



Form Ref: HSI-10

### Independent Health & Safety Inspection – Blue Star Item

Version: 2.0 Jun 2015



#### Awarded for Exceptional Performance or New Initiative not widely used on other sites

Project	Principal Contractor (PC)	Date of Inspection
M1 J19 - 16	Costain Galliford Try	15/06/16
Site Contact	Email Address	Telephone Number
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# Description of Blue Star Item

The site has appointed a Health & Wellbeing Champion to promote a healthy lifestyle, and she is also a Macmillan Ambassador to guide those affected by Cancer to the appropriate support.

The site also has a mental health campaign with three Mental Health First Aiders appointed to support the workforce.

An Occupational Nurse has just been appointed, and is on site two days per week and shared with the nearby A5 / M1 Link scheme, where she is also based two days per week. She was in the process of setting up her room, which is a clearly signed separate building in the compound, so that operatives feel comfortable to visit her without having to go past others on site.

She has already delivered health talks and carried out basic health checks in the canteen. In her room she is able to carry out hearing and eye sight tests, and also carries out Chain of Custody Drug and alcohol testing if those being inducted fail the saliva test. A Health Questionnaire is completed at the induction, and evidence of a Fit for Work Medical is required for all Safety Critical Workers. Everyone is made aware of this before they come to the induction, but if subcontractors require medicals they can book one with the Occupational Nurse. She is also trained to carry out Tier 3 HAVS Assessments. Sun screen was available in a welfare unit inspected, with a UV 'clock' to show the current UV level.

## Benefits of Blue Star Item

The health champion actively promotes occupational health and wellbeing campaigns on site and aids the SHE team in ensuring the welfare of those on site is a top priority. Previous to the nurse being available, potentially subcontractors coming to work on site would be delayed due to having to find a suitable location and time for their safety critical medicals.

The nurse actively helps the SHE team to ensure the appropriate health surveillance is in place, something which can be hard to keep track of with a lot of workers on site. During induction if a chain of custody drugs and alcohol test is required the nurse is available to carry out, while previously the call out company can take up to 2 hours. Having this will also enable us to carry out our own random testing without having to book in the usual occ. Health company.

#### Details and Cost of any Specific Product

Currently the occupational health nurses salary is split being the M1 J-19-16 contract and the A5-M1 link contract which is close by.





